

The Experience



A summer designed just for girls, blending fun with purpose through hands on learning, creative expression, outdoor play, and inspiring role model moments.

Each themed week includes swimming, engaging activities and a field trip to bring it to life. Whether she is exploring new talents, building confidence, making friends, or discovering the leader within, this program creates space for girls to grow and shine. Join for one week or all seven. Powered by the Andre Sayegh Civic Association and local sponsors and special opportunities for middle school girls



The Details

- Open to girls entering **Kindergarten - Grade 8.**
- Monday - Friday **8:00am - 5:00pm**
- International High School - 200 Grand Avenue, Paterson NJ
- Cost \$115 per week
- Program registration fee of \$100 includes t-shirt
- Breakfast, lunch and snack included



The Connection

Contact Charisse Taylor,
Director of Girl Goals
Summer Program

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Week 1
July 6 - July 10

Grow Girl, Grow!

Gardening, seed planting, nature exploration, mindfulness, and confidence-building through caring for living things.

Trip: Laurelwood Arboretum

Middle School Focus: Lead a garden-to-wellness project: goal tracking, wellness journaling, and an introduction to environmental justice (green spaces and food access). Create a “Grow Guide” to mentor younger campers.

Week 2
July 13 - July 17

Global Chefs

Explore world cuisines with kid-friendly recipes, measuring, teamwork, and cultural appreciation through food.

Trip: In-House Program - Culinary Kitchen

Middle School Focus: Food justice and intergenerational connection: Girls lead a shared meal with seniors to explore civic engagement as caring for community, guide story-sharing, and reflect on how all ages can make a difference.

Week 3
July 20 - July 24

Stage Ready

Acting, storytelling, movement, and public speaking to build confidence and self-expression.

Trip: Madame Tussaud’s

Middle School Focus: Create a message-driven performance (spoken word or skit). Practice feedback, stage presence, and confidence versus public image. Produce a “Girl Goals Spotlight.”

Week 4
July 27 - July 31

Steministas & Curious Minds

Hands-on STEM experiments, curiosity labs, and problem-solving challenges.

Trip: P-Tech Planetarium

Middle School Focus: Run higher-level design challenges, collect data, and present results. Plan a STEM Demo Day station to teach younger campers.

Week 5
August 3 - August 7

Boss Girls & Bright Futures

Leadership, teamwork, communication, goal setting, and career exploration.

Trip: Statue of Liberty

Middle School Focus: Entrepreneurship and career readiness: brand building, budgeting, and a Shark Tank-style pitch. Practice professional introductions and teamwork.

Week 6
August 10 - August 14

Camp Olympics

Inclusive games, team challenges, fitness fun, and sportsmanship for all skill levels.

Trip: Pennington Park

Middle School Focus: Serve as event coordinators: create rules, brackets, scoring, and inclusion strategies. Run an Inclusive Games station for younger campers.

Week 7
August 17 - August 21

She Did That!

Celebrate inspiring women, reflect on accomplishments, and close the summer empowered.

Trip: Local Restaurant

Middle School Focus: Legacy and leadership: honor trailblazing women, create personal next-steps plans, and mentor younger campers. Host a Legacy Showcase.